

Art Therapy is a wonderful and growing field. While undergraduate programs are popping up around the country and are a good way to get prerequisite course work, Art Therapy requires a Masters degree. If you go to the American Art Therapy Association's website in the community tab you will find the list of accredited graduate programs. Each graduate program is unique, but most of them require an undergraduate prerequisite of 18 studio art credits. Some require ceramics and art history is often not considered a studio prerequisite for most programs. In addition, you will also need 12 undergraduate psychology credits; including Abnormal Psychology, Developmental Psychology and Personality Theories. The American Art Therapy Association and the North Carolina Art Therapy Association's websites can also offer general information about the field. Cathy Malchiodi, *The Art Therapy Source Book* is a wonderful introduction to the field.

If you need additional or more personalized career consultation, I would be happy to offer additional time. My fee is \$50 per consultation. Payment is due before each session(s) through the PayPal button on the contact page. If you need to cancel a session, please do so at least 24 hours in advance to receive reimbursement. To schedule an appointment please call 828-545-2221 or email [lzeisler@TheArtClinic.com](mailto:lzeisler@TheArtClinic.com)